



IADMS International Association
for Dance Medicine & Science

**EARLY CAREER MENTORSHIP
PROGRAM 2021-22**

INTERNATIONAL ASSOCIATION FOR DANCE MEDICINE & SCIENCE

student@iadms.org
www.iadms.org

MISSION

The IADMS Early Career Mentorship Program is designed to connect undergraduate and postgraduate students pursuing further education and careers in dance medicine and science to professional members in the field. The Mentorship Program will foster a welcoming community for dance science newcomers by enabling experienced members to share their knowledge and experiences with student and recent graduate members, further developing their leadership and mentoring skills. The Mentorship Program will, therefore, support both mentee and mentor members of the community and contribute to the longevity of dance medicine and science by providing education, networking, and professional development opportunities.

FRAMEWORK AND TIMELINE

The IADMS Mentorship Program takes a goal-based approach. Mentees will identify a specific goal or question – a Mentorship Motive – that they would like a mentor to support them in achieving or answering. Mentors are then matched to mentees based on the extent to which they can support a mentee’s Mentorship Motive.

Applications for the program are open now and will close on 22nd September 2021. Mentorship pairs can first meet either in-person at the 31st Annual Conference, to be held in Denver, Colorado, USA on October 22-24, 2021, or virtually in the weeks immediately before or after the conference. After reviewing the mentorship program goals and agreements, pairs will clarify the Mentorship Motive to be addressed over the next year, agree on a broad plan of action and a schedule of between 1-4 follow-up mentoring sessions in-person or online.



Prior to the 32nd IADMS Annual Conference in October 2022, pairs will be asked to reflect on their experiences and provide feedback on the Mentorship Program in an evaluation survey. We

encourage pairs to reconnect at or around the time of the 32nd IADMS Annual Conference in 2022 if possible.

ROLE RESPONSIBILITIES AND COMMITMENTS

By taking part in the Mentorship Program, mentees and mentors have agreed to uphold the following role responsibilities:

Mentee Responsibilities

1. Must be a student or recent graduate (3 years out of program) in dance medicine and science or a related field
2. Define and keep interactions with the mentor focused on the Mentorship Motive
3. Keep all commitments regarding the scheduling of mentoring meetings and feedback and ensure timely responses with email correspondence
4. Refrain from asking mentors for support in any ongoing school-related work (i.e., assessments, research projects, theses, etc.)
5. Be responsible for driving your career journey by taking the lead in scheduling meetings and being prepared for meetings in advance with topics for discussion
6. Participate in honest, respectful, and relevant conversations and maintain a sense of open-mindedness and possibility in respect to the value of advice, suggestion and ideas proposed by the mentor
7. Act with integrity and commitment, taking action to achieve your nominated goal, and seek clarification if something is unclear to you
8. Be respectful of the mentor's time
9. Provide the IADMS Student Committee with feedback on the Mentorship Program through the forms provided

Mentor/Peer Responsibilities

1. Mentors must have a higher education degree and/or extensive professional experience in dance medicine and science or a related field.
2. Peer mentors must be postgraduate students in dance medicine and science or a related field

IADMS International Association for Dance Medicine & Science

3. Keep all commitments regarding the scheduling of mentoring meetings and feedback and ensure timely responses with email correspondence
4. Refrain from advising mentees regarding any ongoing school-related work (i.e. assessments, research projects, theses, etc.)
5. Maintain a professional and ethical working relationship, ensuring a safe and supportive environment for each meeting Ask questions to encourage clarity and empower the mentee towards a self-directed approach in their growth and development
6. Provide support and guidance working towards the goals of the mentee's Mentorship Motive and challenge the mentee appropriately in respect to the attainment of nominated goals
7. Be open, honest, and respectful when engaging in communication
8. Provide the IADMS Student Committee with feedback on the Mentorship Program through the forms provided
9. Act as a role model, embodying your profession's values and ethical standards

CONTACTS & REGISTRATION LINKS

Register [here](#) or use the QR code below to apply for a Mentor or Mentee position. This link is for IADMS members only, and can also be found in the IADMS Members' Area – Member Benefits tab.

Thank you for your participation and support!



Questions, comments, or concerns?
Feel free to reach out to the IADMS Student
Committee at students@iadms.org